

FREDERICK COUNTY GOVERNMENT DIVISION OF PARKS & RECREATION

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Fall 2013

Dear NFL Youth Flag Football League Participants and Parents:

Thank you for registering for the 2013 NFL Flag Football League! The purpose of this league is to give both boys and girls ages 5-14, who enjoy the game of flag football, the opportunity to play fun, organized games. Our goal is to provide a fun and safe learning environment for your children to experience the game of football in a non-contact format.

Next week we will be organizing teams, coaches, and schedules. You should expect to receive contact from your team's coach by August 24. Your coach will inform you of your initial practice night and time. All games will be held on Saturdays, starting September 7th and, with weather permitting, the league should end on Saturday, November 9th. If any games are cancelled due to inclement weather every effort will be made to make up those games missed.

Please note that all players are required to wear a mouth guard. Cleats are not required. Jerseys, flags and footballs will be provided.

GAME LOCATIONS:

Ballenger Creek Park - 5420 Ballenger Creek Pike, Frederick, MD 21703 (Rec Field area) **Urbana District Park** - 3805 Urbana Pike, Frederick, MD 21704 (Field #1) **Utica District Park** - 10200-B Old Frederick Road, Frederick, MD 21701 (Fields #1-2)

WHAT TO BRING TO GAMES:

All participants are required to bring the proper footwear. <u>CLEATS are permitted, however, no metal spikes</u>. A game jersey will be provided prior to the first day of games. Players may wear shorts or sweats depending on their preference. Shorts and sweats must be of contrasting color to their flag belt colors. Flag belts and footballs will also be provided. You may want to bring a water bottle, snack, sunscreen and insect repellant. Your coach should keep all flags after each practice and game to ensure they are not lost. The flag belt and jersey are yours to keep.

IMPORTANT:

We have a Code of Conduct policy during all of our sports programs and at all of our park locations. Participants, coaches, and all other patrons are required to abide by this policy at all times. Please work with our staff and volunteer coaches to ensure the children are surrounded by an environment of fun and sportsmanship while playing football.

INCLEMENT WEATHER:

In case of inclement weather, please call the Program Cancellation Line at 301-600-6291 at least one-hour prior to your scheduled game time for a recorded message. There will only be a message if there is a cancellation or postponement. Cancelled games will be rescheduled if possible.

RULE BOOK & CODE OF CONDUCT:

Attached to this email you will find a copy of the League Rules and the League Code of Conduct policy. Your coach will have you sign the Code of Conduct at your initial practice. Please take the time to read and understand the rules.

If you have any questions feel free to contact me.

Sincerely,

Eric Appel

Frederick County Parks & Recreation eappel@frederickcountymd.gov